

**CENTRE FOR DISTANCE AND ONLINE EDUCATION
SRI SRI UNIVERSITY, CUTTACK**

MASTER OF ARTS (YOGA)

TUTOR MARKED ASSIGNMENT

Course Code: MSY-SCT-102

Academic Year: 2025-26

Course Name: Insight into Indian Philosophy

Session: August 2025

Semester: 1st

Total Marks: 100

A. Answer any eight questions (essay type). Answer in about 350-500 words each.

(10 X 8 = 80)

1. Examine how Indian philosophical traditions describe the origin and unfolding of the universe, focusing on the interplay between Purusha and Prakriti.
2. Present the chief doctrines upheld by the Samkhya system regarding causation and trace how cosmic evolution unfolds within this framework.
3. Critically discuss the concepts of the embodied self, the cosmic reality, the material world, and the attainment of liberation as understood across major Indian philosophical schools.
4. Outline the Nyaya classification of the sixteen Padarthas and evaluate how this categorization aids the aspirant in progressing toward liberation.
5. Contrast the epistemological foundations and the views on liberation found in Nyaya and Vaisheshika philosophy.
6. Explore the Mimamsa view of Dharma and explain how the central teachings of this school establish its understanding of duty and right action.
7. Analyze the core structure and thematic organization of the Yoga Sutras, with focus on Chitta, its Vrittis, the five Kleshas, and the eight limbs of Ashtanga Yoga.
8. Investigate the Samkhya interpretation of Purusha and Prakriti, commenting on the multiplicity of Purushas and the significance of the three Gunas.
9. Discuss the distinctions between knowledge and ignorance, the subject-object relationship, and the ideas of creation and causality as presented in Uttaramimamsa (Vedanta).
10. Describe the six accepted Pramanas—Pratyaksha, Anumana, Upamana, Arthapatti, Anupalabdhi, and Shabda—and explain their role as valid means of knowledge in Vedanta.

B. Write short notes on any four. Answer in about 150-200 words each.

(5 X 4 = 20)

1. Explain the concepts of Vyakta (manifest) and Avyakta (unmanifest) in Samkhya and highlight their fundamental differences.
2. Enumerate and briefly explain the Nava Dravyas (nine categories of substance) identified in the Vaisesika school.
3. Present a concise account of the Jain Triratnas and the principle of Syadvada.
4. Summarize the Four Noble Truths as taught in Buddhism.
5. Trace the essential doctrinal features that define the Mimamsa philosophical system.
6. Discuss the relevance of Karana, Antahkarana, and Bahya Karana in relation to the teachings of the Samkhya Karika.